



Take a bite out of sodium!

with

MAGIC Seasoning Blends®

Salt-Free Sugar-Free Seasonings



Chef Paul Prudhomme's Salt-Free Sugar-Free Magic Seasoning Blends are perfect for adding restaurant quality flavors to your dishes without inflating sodium. Eight delicious blends of herbs & spices - ALL ZERO SODIUM with no salt substitutes - provide a wide array of taste profiles to choose from. Add flavors such as Lemon & Cracked Pepper, Toasted Onion & Garlic, Six Spice, Magic Creole Seasoning, or our new Salt-Free Sugar-Free Barbecue Magic to your proteins, starches, or veggies! Or, try sugar-free Sweetie Magic in your sweet treats! All are free of gluten and MSG and are available in a variety of pack sizes from bulk to the "Magic Mini" - our single-serve PC packet. The Magic Flavor Station is your turn-key solution for sodium-free flavor bar applications! Choose your flavor, sprinkle on, enjoy!

Lower Sodium Seasonings

Try Chef Paul Prudhomme's other sodium free or lower sodium seasonings and bring the flavors of one of the world's best known chefs to your recipes! All of Chef Paul's "Magic" seasonings have very versatile, yet distinctive flavor bases to enhance any recipe. With a sodium content per serving of 140 mg or less, our lower sodium blends are sure to surpass your net nutrition and flavor goals. All are MSG and gluten free.



Good Looking
Good EATING
Good LOVING

Paul Prudhomme



MAGIC
Seasoning Blends®

Product Information



Salt-Free Sugar-Free Seasonings

| Nutritional Information per 1/4 teaspoon serving size: 0 Calories, 0 Fat/trans fat, Gluten Free, MSG Free, No Salt Substitutes | | | | | |
|--|-------------------|--|-------------------|------------------|---|
| Product Information | | | | Sodium | Description / Usage |
| Product | Manufacturer Code | Case Pack | Servings per case | Per serving (mg) | Try 1/4 teaspoon per serving or 1 tablespoon per pound |
| Barbecue Magic | | | | 0 | Tangy barbecue flavors Give anything that perfect BBQ taste profile with sweet, tangy, zesty flavors that tastes fresh from the outdoor grill! |
| Tall Shaker Bottle | SFSFBBQ2066PK | 6/19.2 oz. bottles | 4,668 | | |
| Large Wide Mouth Jug with Handle | SFSFBBQ209 | 4/5.75 lb. jugs | 14,904 | | |
| Single Serving Portion Control Packets | SFSFBBQ399 | 500 PC packets | 500 | | |
| Lemon & Cracked Pepper | | | | 0 | Bright lemon with black pepper Great with broccoli, green beans, spinach. Perfect for fish or poultry. Try mixing with ranch dressing or sprinkle on salad! |
| Tall Shaker Bottle | LCRP2066PK | 6/19.2 oz. bottles | 4,668 | | |
| Large Wide Mouth Jug with Handle | LCRP209 | 4/5.75 lb. jugs | 14,904 | | |
| Single Serving Portion Control Packets | LCRP399 | 500 PC packets | 500 | | |
| Six Spice | | | | 0 | Southwest - cumin, citrus, chiles Great salt-free taco seasoning! Good with corn, beans, or veggies. Perfect pork or south west chicken seasoning. |
| Tall Shaker Bottle | SXSP2066PK | 6/16 oz. bottles | 4,536 | | |
| Large Wide Mouth Jug with Handle | SXSP209 | 4/5 lb. jugs | 15,120 | | |
| Single Serving Portion Control Packets | SXSP399 | 500 PC packets | 500 | | |
| Sweet Basil & Tarragon | | | | 0 | Tarragon, basil, bell pepper, onion Great with spinach, green beans, or veggie medleys. Wonderful herb french fry seasoning. Try our meatloaf recipe! |
| Tall Shaker Bottle | SEVHB2066PK | 6/16 oz. bottles | 5,442 | | |
| Large Wide Mouth Jug with Handle | SEVHB209 | 4/5 lb. jugs | 18,144 | | |
| Single Serving Portion Control Packets | SEVHB399 | 500 PC packets | 500 | | |
| Toasted Onion & Garlic | | | | 0 | Warm, mild onion & garlic Best with french fries, broccoli, or veggie medley. Versatile with proteins. Makes a great garlic potato or cauliflower mash. |
| Tall Shaker Bottle | TONGR2066PK | 6/16 oz. bottles | 3,888 | | |
| Large Wide Mouth Jug with Handle | TONGR209 | 4/5 lb. jugs | 12,960 | | |
| Single Serving Portion Control Packets | TONGR399 | 500 PC packets | 500 | | |
| Sweet & Spicy | | | | 0 | Mild heat, sweet notes, dill, onion Best with veggies such as green beans, carrots, spinach. Good with seafood, beef, or poultry. Great on french fries! |
| Tall Shaker Bottle | SWSP2066PK | 6/19.2 oz. bottles | 5,442 | | |
| Large Wide Mouth Jug with Handle | SWSP209 | 4/5 lb. jugs | 15,120 | | |
| Single Serving Portion Control Packets | SWSP399 | 500 PC packets | 500 | | |
| Sweetie Magic (sugar-free) | | | | 0 | Sweetie with cinnamon & nutmeg Perfect for baked sweets, fruit toppers, spiced whipped cream or breakfast treats. Great on sweet potatoes! |
| Tall Shaker Bottle | SFSWE2066PK | 6/19.2 oz. bottles | 3,888 | | |
| Large Wide Mouth Jug with Handle | SFSWE209 | 4/5 lb. jugs | 12,960 | | |
| Single Serving Portion Control Packets | SFSWE399 | 500 PC packets | 500 | | |
| Magic Creole Seasoning | | | | 0 | Versatile Louisiana flavors Delicious notes of onion, garlic, tomato, paprika, and oregano with a mild heat. Great all-purpose blend. |
| Tall Shaker Bottle | MCSSF2066PK | 6/24 oz. bottles | 5,832 | | |
| Large Wide Mouth Jug with Handle | MCSSF209 | 4/6 lb. jugs | 15,552 | | |
| Single Serving Portion Control Packets | MCSSF399 | 500 PC packets | 500 | | |
| Chef Paul Prudhomme's Magic Flavor Station This is our mixed case option that includes a counter display holder with six shaker bottles. Great for a salt-free flavor bar concept or kitchen spice rack! | | STANDARD SET: includes 1 ea. of the following blends- Lemon & Cracked Pepper, Toasted Onion & Garlic, Six Spice, Sweet & Spicy, Sweet Basil & Tarragon and sugar-free Sweetie Magic! | | | |
| | | SFSFFLA206 | | | |
| | | CUSTOM SELECTION: Choose ANY SIX from the above Salt-Free Sugar-Free Flavors or our two Pizza & Pasta Blends below. Ten to choose from! | | | |
| | | SFSFFLACUST | | | |

Other Sodium Free or Lower Sodium Seasonings

| | | | | | |
|--|---------------|--------------------|--------|-----|---|
| Magic Salt Free Seasoning (All Purpose) | ROTFSALT201 | 4/16 oz. canisters | 2,592 | 0 | All purpose seasoning, great on fries! |
| Herbal Pizza & Pasta Magic | HER2066PK | 6/16 oz. shakers | 3,888 | 0* | Pizza, veggies. Great to jazz up pizza |
| Hot & Sweet Pizza & Pasta Magic | HTS2066PK | 6/16 oz. shakers | 3,888 | 0* | Pizza, veggies. Great for spicy fries! |
| Magic Italian Seasoning (NEW!) | MSBITAL2066PK | 6/12.5 oz. shakers | 3,856 | 0 | Marinara, calzones, poultry, veggies |
| Sweetie Magic | SWE201 | 4/32 oz. canisters | 4,536 | 0 | Fruit or pastry topping or use in baking |
| Chipotle Chile Seasoning | ROTCHIP201 | 4/20 oz. canisters | 3,240 | 25 | Fries, meats, great smoky sweet flavor |
| Honey Barbecue Seasoning | ROTHB201 | 4/24 oz. canisters | 3,404 | 45 | Burgers, poultry, beans, BBQ fries! |
| Fajita Magic (Mexican seasoning) | FAJ201 | 4/24 oz. canisters | 3,400 | 70 | Tacos, fajitas, carnitas, spanish rice, beans |
| Poultry Magic | POU201 | 4/24 oz. canisters | 3,400 | 100 | Poultry, veggies, rice, soups |
| Meat Magic | MEA201 | 4/24 oz. canisters | 3,400 | 115 | All purpose meat seasoning |
| Magic Creole Reduced Salt Seasoning | MCSRS209 | 4/7 lb. jugs | 14,112 | 140 | Fries, gumbo, jambalaya, roasted meats |

* This item contains a small amount of parmesan cheese which includes salt as an ingredient. Per serving, sodium amount is zero.

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